Mental Health Week 2020
March 16-22

#BREAK THE STIGMA

TUESDAY
@6:00-7:30 Jepson 118
Men and MENTal Health

WEDNESDAY
@6:30-7:30 the Pier
Mental Health Town Hall

THURSDAY
@7-9 Alice Haynes
In My Mind Open Mic Night

FRIDAY
@11-2 in the Forum
Kindness Rocks Painting

SUNDAY
@6 start at Football Field
#Break the Stigma Walk

For more info, go to @urwell_spiders on instagram