The warm-line is a non-urgent text option for UR students who want to talk to a peer.

All text responders are UR students trained to provide empathetic and confidential mental health support for non-emergent situations.

NEW SPRING 2021
CAPS PEER SUPPORT TEXT WARM LINE

Visit the CAPS resources page and click on the chat widget to begin a text conversation.

The warm line will be available to receive texts from 8 p.m. to 2 a.m., Thursday through Monday, starting January 28th.

HTTPS://CAPS.RICHMOND.EDU/RESOURCES