



**NEW SPRING 2021**  
**CAPS PEER**  
**SUPPORT TEXT**  
**WARM**  
**LINE**

[HTTPS://CAPS.RICHMOND.EDU/RESOURCES](https://caps.richmond.edu/resources)

The warm-line is a non-urgent text option for UR students who want to talk to a peer.

*All text responders are UR students trained to provide empathetic and confidential mental health support for non-emergent situations.*

*Visit the CAPS resources page and click on the chat widget to begin a text conversation.*

The warm line will be available to receive texts from 8 p.m. to 2 a.m., Thursday through Monday, starting January 28th.