All text responders are UR students trained to provide empathetic and confidential mental health support for non-emergent situations.

The warm line is a non-urgent text option for UR students who want to talk to a peer.

COMING SPRING 2021
CAPS PEER SUPPORT WARM TEXT LINE

Contact Dr. Kris Day for info: kday@richmond.edu

The warm line will be available to receive texts from 8 p.m. to 2 a.m., Thursday through Monday, starting January 28th.

Contact information soon to come. Please refer to the CAPS website: https://caps.richmond.edu/resources/.