

University of Richmond
Counseling and Psychological Services
Advanced Graduate Trainee/LPC Resident
Athletics Specific Training Track

The University of Richmond is a highly selective, private, liberal arts institution located in Richmond, Virginia with an undergraduate population of approximately 3,000 students. The institution is on a 350-acre suburban campus, located just 90 miles from Washington D.C., and has a unique college system. You can learn more about the University of Richmond [here](#).

Position Type: Part-Time

Position Qualifications:

- Enrolled in Graduate training program – either Master's or Doctoral program in Counseling or Psychology OR recent graduate earning hours for LPC residency
- Experience providing individual counseling to young adults for at least one semester (4-5 months)
- Interest in working with high performance athletes. Preference given to those with experience in collegiate athletics.
- Flexibility in schedule before and after typical working day (8:30-5) and weekends as needed for games, practices, team sessions, mental health screeners, etc.

Hiring Period:

- Late July to mid May (depending on beginning and end of school year and athletics schedules)

Compensation/Benefits:

Compensation during Hiring Period (Academic Year/Athletics Seasons):

- \$5,000 stipend
 - Payments of \$2,500 made at end of fall semester (December) and end of spring semester (May)
- Access to Weinstein Center for Recreation and Wellness, Boatwright Memorial Library, and University museums
- Free supervision and training provided by CAPS staff and campus partners
- Access to home UR athletic events upon request/discussion with supervisor
- Free Parking Space
- Office space and computer access during scheduled days

Position Expectations and Responsibilities:

The training requires approximately 16-20 hours per week and includes the following weekly responsibilities/training activities:

- 8-10 hours of individual counseling
- 1-2 hours of intake assessments
- 1-2 hours of co-facilitating psychoeducational programs and/or process groups or team/group sessions in athletics

- 2 hours of clinical supervision (1 individual, 1 group)
- 1 hour of training seminar
- Attending to clinical documentation
- Attending practices and games with supervisor

During the Training year at CAPS, trainees are also required to:

- Record and review clinical sessions in individual and group supervision
- Present on a clinical case to gain experience with case presentations
- Provide one outreach per semester (tabling, presentation, etc.)
- Follow CAPS and training program policies and procedures
- Participate in mid-term, mid-year, and end-of-year evaluation sessions

Recommended activities include (when schedule allows):

- Participate in CAPS weekly case conference
- Health and Well-Being unit and Student Development events
- Campus wide Diversity, Equity, and Inclusion initiatives (book discussions, weekly Intersections meetings, etc.)

Application:

- Please complete the online application at caps.richmond.edu/training, attaching all of the following:
 - Cover Letter, specifically addressing your desire to work at UR with college students
 - CV/Resume
 - Two letters of recommendation, specifically addressing strengths, growth areas, and readiness for clinical work

Contact Information:

Questions? Please contact Dr. Rachel Koch, Assistant Director of Training for Counseling and Psychological Services, at rkoch@richmond.edu: